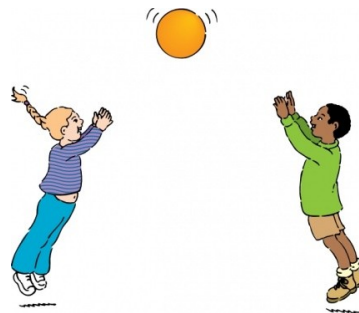




Meet the Teacher-Tres Johnson!

Hi, my name is Tres Johnson and I am a certified Personal Trainer here a Four Seasons. I am a 2005 Graduate of Florida Gulf Coast University where I obtained a B.S. in Physical Education. Upon graduating, I worked part time at a small health club in Florida as a floor trainer, where my passion for weight training and helping people grew stronger everyday. I then acquired my Master Trainer certification through ISSA. After graduating, I moved to Maryland and took a job as a personal trainer at Athens Health Club where I trained for 3 years. My specialties include Sport Specific training, Strength Training, Post Injury Training, Plyometric/Speed/Agility training, and of course general fitness and weight loss. My interests are Football, Lacrosse, Hunting and the Outdoors. I also specialize in kid sport training. I have been coaching for 5 years in Carroll County Schools. I taught Freshman and JV Football at Winters Mill High School for 3 years and am currently coaching Freshman Football, JV Wrestling and JV LAX at Liberty High School.



Inclement Weather Policy

- If Carroll County Schools are Closed or have early dismissal due to snow, Homeschool will be CANCELLED.**
- If Carroll County Schools have a delayed start, Homeschool will be ON AS SCHEDULED.**
- If Classes are cancelled due to weather conditions, there will be NO make-up classes rescheduled.**